

Day of Surgery

Checking In:

You can be dropped off at the front door or park and walk in. You will check in at the designated area.

What to Bring:

You will need to bring a picture I.D. and your insurance card and information. We recommend that you do not bring anything of value with you to the facility. You will not be allowed to wear any jewelry in the operating room and will be required to remove it, so we recommend you just leave it at home.

What to Expect:

Once you have checked in, you will be brought back to pre-operative area. Your family or friend may accompany you to this area. You will meet the nursing staff who will be taking care of you during your time at the facility. You will also get to see Dr. Lau for any last minute questions or concerns.

At this time you will get to sign all the paperwork required for surgery that day. After you have been “consented” for your surgery, you will get to meet and speak with the anesthesia team and ask them any questions you may have. Once all paperwork is complete and we are ready for surgery, a nurse will take you back to the operating room. Your family or friend will be asked to wait in the lobby, and when the procedure is done, someone will speak with them and they will be able to come and sit with you once you are awake. After your surgery, you will be moved to the recovery area where you will wake up and become oriented. Once the nursing staff feels you are alert and orientated your family or friend may come and see you.

All of your aftercare and discharge instructions will be given to your family or friend who accompanied you while you are still in recovery.

Things to remember the morning of surgery:

- Please leave all valuables (money and jewelry) at home. To prevent having your glasses, contacts, and dental appliances from being lost, please give them to the designated family member who accompanies you to the Preoperative Holding area.
- You may prefer to take a bath or shower the morning of surgery
- Brush your teeth, but do not swallow the water.
- No gum or hard candy.
- Wear glasses rather than contact lenses.
- Please do not wear any makeup, lipstick, fingernail, or toenail polish.
- If you have long hair, braid it or tie it back with a rubber band. Hair should be free of sprays or gels.
- Wear comfortable clothes and shoes



Arrange to have a family member or friend with you the day of surgery; this is a requirement for outpatient surgery.

- Nothing to Eat or Drink
- Bring your Photo ID and Insurance Card
- NO Jewelry
- NO Makeup, Lipstick, Nail Polish
- Bring your BRACE (If applicable)

Visitor Policy

When you receive the call from the surgery center with your arrival information, they will instruct you on what the person bringing you to your surgery should do upon arrival.

Currently, Duke Ambulatory Surgery Center is only allowing 1 parent/guardian to enter the surgery center with patients under the age of 18 years old. Patients 18 years or older will be asked to enter the surgery center alone.

Upon completion of your surgery, you will receive call and speak to the person that brought you to surgery with an update. Once you are ready to be discharged after surgery, the nursing staff will again contact the person who brought you to surgery to pick you up.